# A UNIQUE RESIDENTIAL RETREAT FOR WOMEN



As women in senior leadership positions, we come together as like-minded women, seeking to fully claim our inner worth. After thousands of coaching conversations, we've found that women leaders often question their worth and struggle to shift ingrained narratives, making it challenging to connect with more relevant ones for our current phase of life.

Our program recognizes the unique struggles faced by women leaders, from navigating biases in the boardroom to balancing a leadership role with personal and family well-being. We confront the realities of our journey.

At the Worthy Leader Retreat, we address these issues with wisdom and compassion, so that you can start to shape and elevate your leadership impact.

Together, we'll rewrite the narrative, paving a future where women leaders thrive and excel. Together, we will harness the power within and redefine what it means to lead with purpose and impact. Together, we will travel the Worthy Leader Journey.

WHAT PAST PARTICIPANTS HAVE TO SAY ABOUT THIS RETREAT

"I appreciated everyone's openness and vulnerability. The support system of strong and kind women. The opportunity to learn from others."

"Thanks for creating an event for women to help develop their leadership style. There isn't anything like this around..."

"It was inspiring. The trainers / facilitators were lovely and empowering. It gave me hope, something that give me a direction, a wake-up call." **28-29** JUNE 2024 **D'VILLA** Janda Baik, Malaysia

#### **IS THIS FOR ME?**

How do I know if this retreat is right for me?

		Yes / No
	I constantly need others' approval	
	I find it difficult to remain true to myself	
,	I am too hard on myself	
,	I feel like an imposter most times	
,	I limit my leadership voice	
	I haven't reached my full potential yet	
,	I want to have more influence and impact	
,	I want to feel valued and worthy	

If you answered 'yes' to 4 or more of these statements, then you might like to say yes to the **Worthy Leader Retreat.** It's a **unique, women only experience** that provides a **safe environment** to discuss and explore these **pivotal conversations**, facilitated by **world-class coaches**.

## HRDC CLAIMABLE

# AGENDA

The retreat is highly interactive and engages all our dimensions: mind, heart, body and spirit.

# **DAY 1 – CONNECTING WITH OURSELVES**

#### 28<sup>th</sup> June 2024, Friday – 9:00am – 6:30pm

- Registration & Check-In opens at 8:30am
- Introduction to the Worthy Leader Map
- Knowing ourselves, our worldview, wisdom gained and change desired
- Being grounded in who we are
- Connecting deeply with ourselves and others

# DAY 2 – CRYSTALLISING OUR LEADERSHIP WISDOM

#### 29<sup>th</sup> June 2024, Saturday – 8:30am – 4:00pm

- Discerning to make judgements and decisions
- Delivering better outcomes
- Decisions and actions that have lasting positive impact
- Retreat Close

### AT THIS RETREAT, YOU WILL :

- identify and address self-limiting thoughts and behaviors
- embrace your strengths and values to solidify your leadership worth
- unlock and assert your full potential and worth as a leader
- identify your unique impact as a female leader
- sustain your journey with a self-coaching system for personal and professional growth and journey with a community of other like-minded women leaders who want to thrive in their roles



Scan QR code or <u>Click here</u> to register

# **OUR FACILITATORS**



MARYANNE MOONEY

Maryanne is a highly respected international coach, speaker, and author dedicated to fostering greater awareness, growth and unity among leaders, teams, and organizations. Her book, "The Worthy Leader," accelerates leaders in maximizing their positive impact.



Lilian is a seasoned executive coach, facilitator and entrepreneur dedicated to building leadership maturity, creating positive organizational transformation, and creating generative spaces for generative conversations.

Sign up now to claim your leadership worth! PLACES ARE LIMITED.

**Early Bird Registration: RM 4,050\*** (Including service tax) (sign up by 10<sup>th</sup> May 2024)

- HRDC claimable for Employer-Specific Courses
- Regular Registration: RM 4,860\* (Including service tax)
- Includes meals and accommodation (2 days, 1 night), and
- tion: RM 4,860\* the limited-edition Worthy Leader Be Aware Cards

For further inquiries, email: theworthyleader@innovative-formula.com

About Innovative Formula: www.innovative-formula.com

